

Rec Center Hours:

Monday-Friday 5:00 AM – 9:00 PM  
 Saturday 8:00 AM – 6:00 PM  
 Sunday 1:00 PM – 8:00 PM

# March 2020

Fall/Winter Lifeguard Hours:

Monday-Friday 6:30 PM – 8:30 PM  
 Saturday & Sunday 2:00 PM – 5:00 PM  
 Phone: 712-364-3716

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  NO Yoga	2 5:30 AM Zumba  8:00 AM Pilates 5:00 PM Tone 5:00 PM Water Aerobics	3 5:30 AM Mix  5:00 PM Tone	4 5:30 AM Zumba  8:00 AM Step Aerobics 5:00 PM Tone 5:00 PM Water Aerobics 6:00 PM Yoga	5 5:30 AM Mix  8:45 AM Water Aerobics 9:30 AM Step Aerobics  5:00 PM Tone	6 5:30 AM Spin	7  8:00 AM Aqua board yoga/pilates
8  5:00 PM Chair Yoga	9 5:30 AM Zumba  8:00 AM Pilates 5:00 PM Tone <b>Little Bubblers --&gt; 12<sup>th</sup></b> 5:45* PM Yoga	10 5:30 AM Mix  5:00 PM Tone	11 5:30 AM Zumba  8:00 AM Step Aerobics 5:00 PM Tone <b>NO</b> Water Aerobics 6:00 PM Yoga	12 5:30 AM Mix  8:45 AM Water Aerobics 9:30 AM Step Aerobics  5:00 PM Tone	13 5:30 AM Spin	14  <b>NO</b> Aqua board yoga/pilates <b>WWW Racquetball Tournament</b>
15  5:00 PM Yoga	16 5:30 AM Zumba  7:30* AM Pilates 5:00 PM Tone 5:00 PM Water Aerobics	17 5:30 AM Mix  5:00 PM Tone	18 5:30 AM Zumba  8:00 AM Step Aerobics 5:00 PM Tone 5:00 PM Water Aerobics 6:00 PM Yoga	19 5:30 AM Mix  8:45 AM Water Aerobics 9:30 AM Step Aerobics  5:00 PM Tone	20 5:30 AM Spin	21  8:00 AM Aqua board yoga/pilates
22  5:00 PM Chair Yoga	23 5:30 AM Zumba  8:00 AM Pilates 5:00 PM Tone 5:00 PM Water Aerobics	24 5:30 AM Mix  5:00 PM Tone	25 5:30 AM Zumba  8:00 AM Step Aerobics 5:00 PM Tone 5:00 PM Water Aerobics 6:00 PM Yoga	26 5:30 AM Mix  8:45 AM Water Aerobics 9:30 AM Step Aerobics  5:00 PM Tone	27 5:30 AM Spin	28  8:00 AM Aqua board yoga/pilates
29  5:00 PM Yoga	30 5:30 AM Zumba  8:00 AM Pilates 5:00 PM Tone 5:00 PM Water Aerobics	31 5:30 AM Mix  5:00 PM Tone				

