

**WATCH OUR
FACEBOOK PAGE
FOR LIFE GUARD
HOURS EACH
WEEK!**

September 2021

[REC HOURS:
M-F: 5:00 AM-8:00 PM
SATURDAY: 8:00 AM- 6:00 PM
SUNDAY: 1:00 PM-6:00 PM

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 8:00 AM Walking Class w/ Tabitha 5:00 PM Water Aerobics w/ Melissa	2 9:30 AM Step Aerobics w/ Tabitha 5:15 PM 5th grade VB (gym) 6:30 6th grade VB (gym)	3 5:30 AM Water Aerobics w/ Melissa	4
5	6 CLOSED FOR LABOR DAY	7 5:15 PM 5th grade VB (gym) 5:30 PM 4th grade VB (gym) 6:30 PM 3rd and 6th grade VB (gym)	8 8:00 AM Walking Class w/ Tabitha 5:00 PM Water Aerobics w/ Melissa	9 9:30 AM Step Aerobics w/ Tabitha 5:15 PM 5th grade VB (gym) 6:30 6th grade VB (gym)	10 5:30 AM Water Aerobics w/ Melissa	11	
12	13 8:00 AM Pilates w/ Tabitha 5:00 PM Water Aerobics w/ Melissa 5:45 PM 3rd grade VB (gym)	14 5:15 PM 5th grade VB (gym) 5:30 PM 4th grade VB (gym) 6:30 PM 3rd and 6th grade VB (gym)	15 8:00 AM Walking Class w/ Tabitha	16 9:30 AM Step Aerobics w/ Tabitha 5:15 PM 5th grade VB (gym) 6:30 6th grade VB (gym)	17 5:30 AM Water Aerobics w/ Melissa	18	
19	20 8:00 AM Pilates w/ Tabitha 5:00 PM Water Aerobics w/ Melissa 5:45 PM 3rd grade VB (gym)	21 5:15 PM 5th grade VB (gym) 5:30 PM 4th grade VB (gym) 6:30 PM 3rd and 6th grade VB (gym)	22 8:00 AM Walking Class w/ Tabitha 5:00 PM Water Aerobics w/ Melissa	23 9:30 AM Step Aerobics w/ Tabitha 5:15 PM 5th grade VB (gym) 6:30 6th grade VB (gym)	24 5:30 AM Water Aerobics w/ Melissa	25	
26	27 8:00 AM Pilates w/ Tabitha 5:00 PM Water Aerobics w/ Melissa 5:45 PM 3rd grade VB (gym)	28 5:15 PM 5th grade VB (gym) 5:30 PM 4th grade VB (gym) 6:30 PM 3rd and 6th grade VB (gym)	29 8:00 AM Walking Class w/ Tabitha 5:00 PM Water Aerobics w/ Melissa	30 9:30 AM Step Aerobics w/ Tabitha 5:15 PM 5th grade VB (gym) 6:30 6th grade VB (gym)			